



STRENGTHENING OUR STUDENTS  
EMPOWERING PARENTS

## PROJECT SOS RESULTS AND MILESTONES – 2014

*Project SOS is committed to strengthening families by empowering parents and educating youth to make healthy life choices.*

### Program Results

- **400,000 STUDENTS LIVES HAVE BEEN IMPACTED**  
*(Since the inception of Project SOS in 1993)*
- **TEEN BIRTH RATES HAVE BEEN REDUCED BY 64% IN THREE COUNTIES**  
*(Florida Department of Health Vital Statistics Annual Reports)*
- **DRUG AND ALCOHOL RATES HAVE BEEN REDUCED BY 28%**  
*(Youth Behavioral Risk Survey, Centers for Disease Control)*
- **JUVENILE CRIME REDUCED BY 35% IN FOUR COUNTIES**  
*(Florida Department of Juvenile Justice Statistics and Annual Reports)*

### Fiscal Responsibility

- All annual audits report excellent fiscal management
- Project SOS has never borrowed money
- All bills are always paid on time
- Only 11% of funds go to administration; 89% goes into programs.

### Project SOS teaches the SKILLS to help youth stay focused on their goals

- Setting boundaries to avoid drugs, alcohol, sex, suicide, violence, bullying, etc.
- Writing SMART goals (Specific, Measurable, Accountable, Realistic, Time-based)
- Using refusal skills effectively
- Understanding media messages and motives
- Respecting self and others and stopping the bullying
- Communicating with parents
- Reporting abuse, rape, and molestation
- Acquiring healthy relationship skills
- Saving money and setting a budget

***Project SOS doesn't build buildings... We build lives!***