

CONNECTING CAREGIVERS

Florida Faith-based and Community Based
Advisory Council Meeting 2019



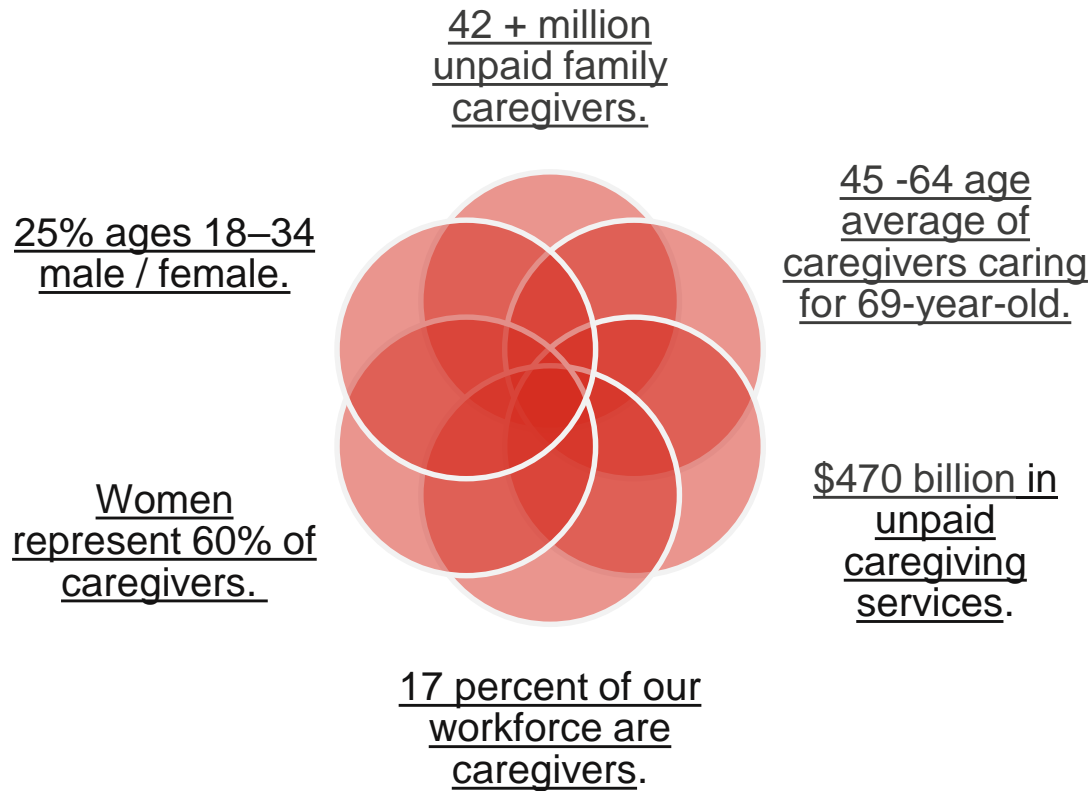
Ivonne Fernandez Associate State Director
Advocacy & Multicultural Outreach

Definition of a Family Caregiver

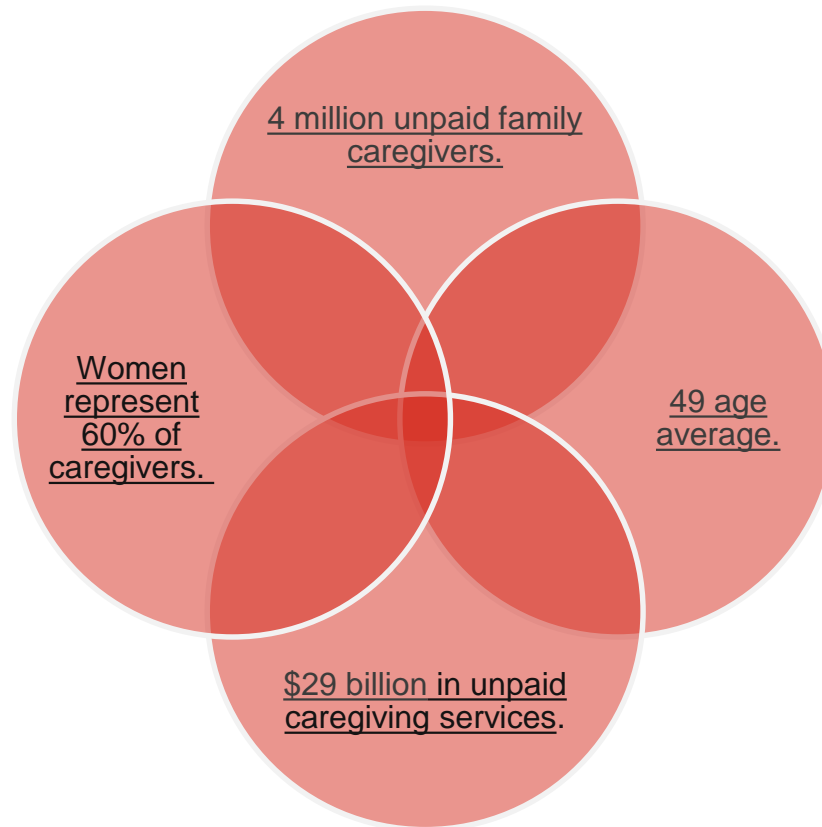
An adult age 18 or older who is providing unpaid short-term or long-term care to a parent, spouse, friend or other adult loved one who needs help with everyday activities and personal tasks such as :



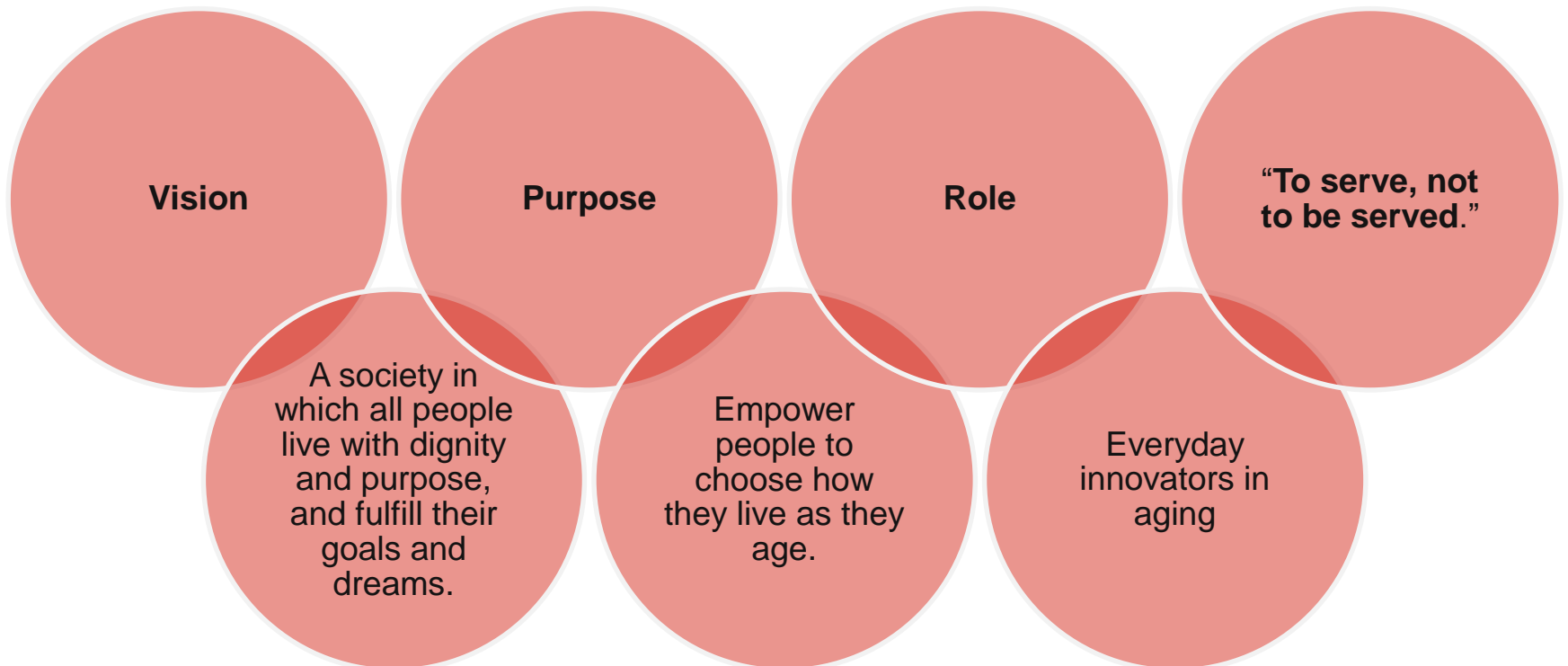
AMERICA CAREGIVING FACTS



FLORIDA CAREGIVING FACTS



AARP



Why AARP Cares

AARP is striving to help older people to live independently and remain in their homes and communities where they prefer to be.

Supporting the millions of family caregivers who provide unpaid care with tools, information and support.

AARP Resources

The AARP Caregiving Resource Center provides a way to join an online community of other family caregivers, learn about local services, get helpful information, and connect with others who understand caregiving challenges.

(www.aarp.org/caregiving)

AARP Advocacy

Advocating for and providing better quality, affordable and accessible services to help older people live independently and the family caregivers who help them.

Connecting Caregivers to Community

AARP's Connecting Caregivers to Community (CC2C) is a program to recognize, educate and support family caregivers through churches across America.

A guide to create customized caregiver activities to organize and implement your own CC2C.

Connecting Caregivers to Community

- Starting Point.
- Avoid isolation & loneliness.
- CC2C presents programmatic options to be customized.
- Simple ideas and strategies.
- Easy to implement.
- Free or low-cost options.

Connecting Caregivers to Community

Leaders Organizing Guide.

Communication Tools

Volunteer Handbook

Cargivers' Handbook

Prepare to Care

AARP Cares

AARP Caregiving Resources Center

www.aarp.org/caregiving/

www.aarp.org/iheartcaregivers/

1877-333-5885