

Educators Can Assist Caregiving Youth!

You may have a youth caregiver in your class...a student who provides care for a family member who is ill, injured, elderly or disabled.

Your student may:

- ♦ Arrive late or be absent from school
- ♦ Be unable to attend school events
- ♦ Lack parent participation
- ♦ Have incomplete or late assignments
- ♦ Exhibit an inability to focus on learning
- ♦ Appear unkempt, isolated, anxious or depressed
- ♦ Lack resources for lunch, activities or projects

You can help by:

- Becoming a knowledgeable resource for concerned parents & grandparents struggling with the effects of family health situations on their child's education
- ♦ Referring concerns to AACY, the guidance counselor or school nurse
- Encouraging students and their families to contact the Caregiving Youth Project
- Supporting school and counseling staff in identifying student-caregivers
- ♦ Advocating for youth caregivers in educational and professional groups
- ♦ Providing valuable feedback to CYP staff by email or call 561-391-7401
- Connecting caregiving youth with internet resources such as:
 - www.aacy.org (American Association of Caregiving Youth)
 - o <u>www.afateens.org</u> (for teens caring for family with Alzheimer's disease)
 - o www.nationalmssociety.org (for children with a family member with M.S.)
 - o <u>www.youngcarers.net.au</u> (Young Carers in Australia)
 - o www.youngcarers.net (Young Carers in the U.K.)

For more information, contact:

Caregiving Youth Project
American Association of Caregiving Youth

1515 N. Federal Highway, #218 Boca Raton, FL 33432 800-725-2512 561-391-7401 www.aacy.org

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