

MY LIFE

Magellan Youth Leaders Inspiring Future Empowerment

TALLAHASSEE

Magellan Youth Leaders Inspiring Future Empowerment (MY LIFE) gives youth an opportunity to use their experience, talents and voice to make positive changes in their lives while helping others to do the same.

MY LIFE is made up of youth between the ages of 13 and 23 who have experience with mental health, substance abuse, juvenile justice and foster care-related issues. Through regular meetings, special events and local and national workshops, presentations and performances, the group focuses on important issues affecting youth. **MY LIFE** is turning youth voice into youth action and is playing a vital role in **helping to improve mental health, substance abuse, foster care and juvenile justice systems.**

MY LIFE member responsibilities include:

- Advising Magellan Health Services, government agencies and providers of youth services on issues affecting child/adolescent and young adult programs and services.
- Providing the youth leadership and outreach necessary to help reduce the stigma associated with being a young person living with a mental illness and/or substance abuse issues.
- Working with other youth boards and community groups on a variety of community based projects
- Hosting regular MY LIFE meetings and events such as MY Fest and Youth Day at the Capitol..
- Performing other duties as determined by MY LIFE members.

Focus Areas:

- **MY LIFE presentation team** includes speakers, dancers, entertainment, and workshops to present to youth and adults at conferences, schools, treatment centers, juvenile detention centers and other locations.
- **Volunteer activities in the community**
- **Education and outreach events for other youth, families, professionals and the community**
- **Advocacy and stigma reduction initiatives**

MY LIFE Tallahassee meets the 4th Wednesday of every month at the Palmer Munroe Tenn Center, 1900 Jackson Bluff Rd. Tallahassee, FL 32304, from 6-8 p.m.

www.facebook.com/MYLIFEyouth

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