Task Force on the Safe and Limited Re-opening of Long-term Care Facilities

August 25, 2020
The Task force has focused on the following:

- Safely allowing essential caregivers to visit long-term care facilities;
- Safely allowing compassionate care visits in long-term care facilities; and
- Visitation options including indoor and outdoor visitation.

These slides outline the Task Force’s recommended guidelines in these areas.
Essential Caregivers

- Provide health care services and/or assistance with activities of daily living to help maintain or improve the quality of care or quality of life of a facility resident

- Care or service provided by the essential caregiver is included in the plan of care or service plan for the resident

- Activities of daily living include bathing, dressing and eating
Compassionate Care Visitors

Allowed on a limited basis as an exception to restricted visitation

Intended to provide emotional support to help a resident face a hard situation

Examples:
- End of life
- Major upset
- Difficult transition or loss
Essential and Compassionate Care: Facility Requirements

- Establish policies and procedures for how to designate and utilize an EC and allow CC visits
- Identify those who provided EC before the pandemic or have asked to provide since, consult with resident or representative for concurrence
- Allow resident to designate at least one EC, and allow no more than five designated visitors per resident
- Facility shall set a limit on the total number of visitors allowed in the facility based on the ability of staff to safely screen and monitor visitation
- Develop a schedule – work with resident and EC/CC to define an agreeable schedule
Essential and Compassionate Care: Facility Requirements

- Provide infection prevention and control training, including proper PPE use, hand hygiene and social distancing
- Allow evening and weekend visits to accommodate work or childcare barriers
- Maintain visitor log for signing in and out
- No resident visits if the resident is quarantined or if the resident is positive for COVID-19 or symptomatic, unless the visit is for compassionate care
- The facility may restrict or revoke if the EC/CC fails to follow infection prevention and control requirements or other COVID-19 related rules of the facility after attempts to mitigate concerns
Essential and Compassionate Caregiver Requirements

**PPE**
- EC/CC: Wear a surgical mask and other PPE as appropriate for the care provider, PPE for EC should be equivalent to staff.
- EC/CC: Be trained on infection prevention and control, use of PPE, use of masks, hand sanitization and social distancing.
- EC/CC: Sign acknowledgement and adhere to training.

**Testing and Symptoms**
- EC/CC: Comply with facility COVID-19 testing expectations.
- EC/CC: Inform the facility if they develop a fever or symptoms consistent with COVID-19 within 14 days of a visit.

**While in Facility**
- EC/CC: Provide care or visit in the resident’s room, or in facility-designated areas within the building.
- Maintain social distance of at least 6 feet with staff and other residents - limit movement in the facility.
General Visitation: Facility Requirements

- 14 days with no new onset of resident COVID-19 cases
- No staffing shortages
- Adequate PPE
- Adequate cleaning/disinfecting supplies
- Referral Hospitals Have Capacity
General Visitation: Facility Requirements

- Schedule visitors by appointment only to maintain social distancing.
- Notify residents, their representatives and recurring visitors of any changes in the visitation policy.
- Continue with visitor screening, i.e., temperature checks and symptom/exposure screening questions.
- Educate visitors regarding infection control, PPE, use of masks, hand hygiene, social distancing and visitation policies.
- Facility may perform or require visitor testing.
- Maintain a visitor log for signing in and out.
- Visit spaces must be cleaned and disinfected between visitors and contain handwashing or sanitation stations.
Visitors should be 18 years or older

Allow residents to designate up to five visitors

Facility shall limit the number of visitors per resident to no more than two visitors per visit

Facility shall set a limit on the total number of visitors allowed in the facility based on the ability of staff to safely screen and monitor visitation

Facility shall limit the length of visits, days, hours, number of visits per week by one visitor

Restrict visitation for any resident in isolation for suspected or confirmed COVID within the facility

For indoor visitors, facilities can create indoor spaces for residents in a room that is not accessible by other residents, or in the resident’s private room if the resident is bedbound and for health reasons cannot leave their room
General Visitation: Outdoor Visitation

Facilities are Strongly Encouraged to Provide Outdoor Visitation

Facilities can create outdoor visitation spaces for residents that are protected from weather elements, such as porches, courtyards, on patios, or other covered areas.

Protection from heat and sun is essential. Cooling devices may be required to maintain safe temperatures.
General Visitation: Visitor Requirements

**PPE**
Properly wear a face mask and other necessary PPE and perform hand hygiene

**Policy Consent**
Sign a consent form noting understanding of visitation policies

**Fever/Symptoms**
Inform the facility if they develop a fever or symptoms consistent with COVID-19 within 14 days of a visit

**While in Facility**
Visit in the resident’s room or in facility-designated areas
Maintain social distance of at least 6 feet with staff and other residents - limit movement in the facility
**Process Upon Identification of New COVID-19 Cases**

- Indoor and Outdoor visitation is prohibited until the facility achieves a continuous 14-day period without the onset of a resident COVID-19 case.

- Any facility that has a resident test positive for COVID-19 must immediately cease all indoor and outdoor visitation.

- Essential Caregivers and Compassionate Caregivers are still permitted.
Beauty Salons and Barbers

- Beauty salons and barbers help improve resident morale and quality of life. Hair salons may resume providing services to residents with the following precautions in place.

- Criteria for facilities to resume beauty salon and barber services:
  - 14 days with no new onset of resident COVID-19 cases
  - Barbers and hairdressers providing services must wear a surgical mask and follow the same requirements as visitors
  - Residents receiving services must wear masks
  - Waiting customers shall follow social distancing guidelines
  - Only residents of the facility are allowed in hair salon for services; no services can be provided to outside guests
  - Services may not be provided to any resident in isolation for suspected or confirmed COVID-19
  - Providers must properly clean and sanitize equipment between residents
Conclusions

The Task Force makes the following recommendations to Governor DeSantis:

1. Allow visitation in long-term care facilities for Essential Caregivers and Compassionate Care visitors. These individuals provide important care and support to residents of long-term facilities; without their involvement these residents are at risk of unnecessary decline.

2. Encourage long-term care facilities to allow general resident visitation outdoors and allow indoor visitation if the facility meets certain indicators of low virus risk.

3. Each visitation scenario must be accompanied by facility policies and procedures that support the safety of all residents and visitors including appropriate training and mandatory use of masks and other infection control protections, screening, and visitor scheduling and management.
Complaint Process

- For concerns regarding a health care facility in Florida, consumers, patient advocates and practitioners may file a complaint with the Agency for Health Care Administration.
  - Complaints can be filed anonymously.
  - However, please be sure to include sufficient information, such as the patient/resident name, date(s) of events, and any other specifics pertinent to the complaint, to allow proper assessment of concerns.

- You may file a complaint with the Agency by calling our toll-free Complaint & Information Call Center at 1-888-419-3456, or by completing our online complaint form at: http://apps.ahca.myflorida.com/hcfc.

- Please refer to the Agency’s Consumer Complaint website for additional information at: http://ahca.myflorida.com/Contact/call_center.shtml